

IBSA POWERLIFTING WORLD RECORDS- WOMEN'S JUNIORS GROUP-UP T June 2022

ITEM	BW	ATHLETE	DB	COUNTRY	RECORD	DATE & PLACE
SQUAT	48	Olha Kaplun	98	UKR	94	Oct 2021- Bakuriani, Georgia
	52					
	56	Elizaveta Salasina	01	RUS	95.5	Nov 2018- Luxor, Egypt
	60	Tsizdyn Uliana	92	UKR	85	Sept 2013-Bejing,China
	67.5	Valentyna Hryhorieva	98	UKR	115	Oct 2021- Bakuriani, Georgia
	75	Rawad Zaed	02	EGY	82.5	Oct 2021- Bakuriani, Georgia
	82.5	Aya Mohamed	99	EGY	105	Nov 2019 - Giza, Egypt
	90	Sofu Beruashvili	96	UKR	135	Nov 2019 - Giza, Egypt
90+	Rymma Bahniuk	02	UKR	141	Oct 2021- Bakuriani, Georgia	

ITEM	BW	ATHLETE	DB	COUNTRY	RECORD	DATE & PLACE
BP	48	Olha Kaplun	98	UKR	52.5	Nov 2019 - Giza, Egypt
	52					
	56	Elizaveta Salasina	01	RUS	60	Oct 2021- Bakuriani, Georgia
	60	Elizaveta Salasina	01	RUS	60	Nov 2019 - Giza, Egypt
	67.5	Valentyna Hryhorieva	98	UKR	67.5	Oct 2021- Bakuriani, Georgia
	75	Rawad Zaed	02	EGY	52.5	Oct 2021- Bakuriani, Georgia
	82.5	Simsek Bircan	90	TUR	55	Sept 2013 - Bejing,China
	90	Sofu Beruashvili	96	UKR	70.5	Nov 2019 - Giza, Egypt
90+	Rymma Bahniuk	02	UKR	72.5	Oct 2021- Bakuriani, Georgia	

ITEM	BW	ATHLETE	DB	COUNTRY	RECORD	DATE & PLACE
DL	48	Olha Kaplun	98	UKR	119	Oct 2021- Bakuriani, Georgia
	52					
	56	Elizaveta Salasina	01	RUS	125	Oct 2021- Bakuriani, Georgia
	60	Tsizdyn Uliana	92	UKR	110	Sept 2013-Bejing,China
	67.5	Valentyna Hryhorieva	98	UKR	152.5	Oct 2021- Bakuriani, Georgia
	75	Rawad Zaed	02	EGY	115	Oct 2021- Bakuriani, Georgia
	82.5	Aya Mohamed	99	EGY	132.5	Nov 2019 - Giza, Egypt
	90	Aya Ali	99	EGY	150	Oct 2021- Bakuriani, Georgia
90+	Rymma Bahniuk	02	UKR	163	Oct 2021- Bakuriani, Georgia	

ITEM	BW	ATHLETE	DB	COUNTRY	RECORD	DATE & PLACE
TOTAL	48	Olha Kaplun	98	UKR	265.5	Oct 2021- Bakuriani, Georgia
	52					
	56	Elizaveta Salasina	01	RUS	272.5	Oct 2021- Bakuriani, Georgia
	60	Tsizdyn Uliana	92	UKR	250	Sept 2013 - Bejing,China
	67.5	Valentyna Hryhorieva	98	UKR	335	Oct 2021- Bakuriani, Georgia
	75	Rawad Zaed	02	EGY	250	Oct 2021- Bakuriani, Georgia
	82.5	Aya Mohamed	99	EGY	282.5	Nov 2019 - Giza, Egypt
	90	Sofu Beruashvili	96	UKR	346	Nov 2019 - Giza, Egypt
90+	Rymma Bahniuk	02	UKR	376.5	Oct 2021- Bakuriani, Georgia	