**Dear Sports Friends,**

Olympic and Paralympic Training Center Pajulahti and Finnish Paralympic Committee are very pleased to invite you to the 11th Pajulahti Games that will take place in Nastola, Finland, from the 21st of January to the 23rd of January 2022.

**Dates** **20th - 23rd of January 2022**

20th arrival day

21st -23rd competition days

23rd departure (flight times after 5 pm.)

**Sports** **Goalball** – men and women, international tournament  
**Judo** – men and women, national and international competition, special needs judo / athletes with intellectual disability  
**Sitting volleyball** – women, international tournament  
**Showdown** – men and women, international tournament   
**Athletics** – men and women, open national indoor championships

**Powerlifting** – men and women, open national para powerlifting championships

**Training camp** On 18th to 21st of January, 2022 we will offer you the possibility to train before the competition. On the training camp there will be playing venues available **free of charge** in every sport.

**Competition venue** Pajulahti Paralympic Training Center, City of Lahti ([www.pajulahti.com](http://www.pajulahti.com))

**Accommodation** Pajulahti Paralympic Training Center, City of Lahti. All accommodation is in two or three person rooms, situated nearby, only 2–7 minutes walking from the competition venues.

**Covid-19** Please check all the requirements to entering to Finland [www.raja.fi/en/covid19-info](http://www.raja.fi/en/covid19-info) Please note that each country is responsible for possible costs of Covid-19 requirements (tests, quaranteens etc). If teams have any questions regarding this matter the LOC will be happy to help.

**Entry fees** **117 euros/person/night.**

Single room 25 euros/person/night addition to the entry fee (max 1 single room/team).

Extra nights possible for the same daily rate (before/after).

**Team entry 300 euros** in the following sports: goalball, sitting volleyball

Entry fee includes:  
- transportation from and to the airport Helsinki-Vantaa (1,5 hours from/to Pajulahti)  
- accommodation with full board (starting on arrival day dinner and ending on departure day lunch)  
- competition fees in sports: indoor athletics, judo, powerlifting and showdown  
- training camp opportunity

LOC will send invoices regarding the entry fees as follows:

5th of December 2021 (30% of the total amount) and 5th of January 2022 (70%).

**WELCOME TO FINLAND!**

**Kind regards,**

**Local Organizing Committee (LOC)**

Event Manager, Ms. Laura Kittelä

email: [laura.kittela@pajulahti.com](mailto:laura.kittela@pajulahti.com),

tel. +358 44 775 5212

and Finnish Paralympic Committee

Mr. Timo Pelkonen

email: [timo.pelkonen@vammaisurheilu.fi](mailto:timo.pelkonen@vammaisurheilu.fi),

tel. +358 50 596 5015

Web site: [www.pajulahtigames.fi](http://www.pajulahtigames.fi)

**NOTE! The entry form is in the next page**

**ENTRY FORM**

Contact information

|  |  |
| --- | --- |
| Country name: |  |
| National federation and street address: |  |
| Contact person: |  |
| Contact phone: |  |
| Contact email: |  |
| Sport / team |  |

| **Surname** | **First name** | **F/M** | **Position coach/assistant /player** | **Wheel-chair user (X** | **Dietary requirements e.g. vegetarian/no pork/etc.** |
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PLEASE SEND THE ENTRY FORM NO LATER THAN **30TH OF NOVEMBER 2021** TO FOLLOWING EMAIL ADDRESSES

[LAURA.KITTELA@PAJULAHTI.COM](mailto:LAURA.KITTELA@PAJULAHTI.COM) AND [TIMO.PELKONEN@PARALYMPIA.FI](mailto:TIMO.PELKONEN@PARALYMPIA.FI)

**FLIGHTS**

Arriving day Thursday 20th of January 2022

Departure day Sunday 23rd of January 2022, flight time after 17:00

ARRIVAL

|  |
| --- |
| DAY AND TIME: |
| FLIGHT NUMBER: |
| PERSONS: |

DEPARTURE

|  |
| --- |
| DAY AND TIME: |
| FLIGHT NUMBER: |
| PERSON: |