

# 1st IBSA African Powerlifting Championship for Blind and Visually Impaired Athletes

Giza, Egypt

November 15 - 22, 2019

Name	Team	Div	Bwt (kg)	WtCls (kg)	YOB	SQ-1	SQ-2	SQ-3	Best SQ	BP-1	BP-2	BP-3	Best BP	DL-1	DL-2	DL-3	Best DL	(1) PL Total	(2) Wilks Pts	Pl-Div-WtCls-Evt
Ahmed Hemid	EGY	M-JA	58.95	60	2003	130.0	137.5	145.0	145.0	77.5	80.0	-87.5	80.0	172.5	185.0	-187.5	185.0	410.0	355.429	1-M-JA-60-PL
Mahmoud Hasabou	EGY	M-JA	65.15	67.5	2001	125.0	130.0	137.5	137.5	82.5	87.5	92.5	92.5	-152.5	152.5	160.0	160.0	390.0	309.543	1-M-JA-67.5-PL
Mohamed ElGammal	EGY	M-JA	65.25	67.5	2002	97.5	105.0	110.0	110.0	77.5	82.5	-87.5	82.5	-140.0	140.0	150.0	150.0	342.5	271.4997	2-M-JA-67.5-PL
Khaled Eisayed	EGY	M-JA	74.10	75	1999	130.0	137.5	140.0	140.0	75.0	77.5	80.0	80.0	185.0	190.0	197.5	197.5	417.5	300.0155	1-M-JA-75-PL
Mohamed Mohamed	EGY	M-JA	77.30	82.5	2000	160.0	-170.0	-170.0	160.0	95.0	100.0	-105.0	100.0	182.5	195.0	202.5	202.5	462.5	322.8712	1-M-JA-82.5-PL
Mohamed Abdelhamid	EGY	M-JA	88	90	1999	157.5	-170.0	170.0	170.0	110.0	117.5	-120.0	117.5	-205.0	210.0	225.0	225.0	512.5	330.6137	1-M-JA-90-PL
Azeldin El Haien	LBA	M-JA	96	100	1996	130.0	160.0	-175.0	160.0	110.0	130.0	-145.0	130.0	140.0	170.0	200.0	200.0	490.0	303.212	1-M-JA-100-PL
Yousef Abushahata	LBA	M-MA	85	90	1969	80.0	110.0	-120.0	110.0	70.0	80.0	87.5	87.5	120.0	140.0	160.0	160.0	357.5	234.7345	1-M-MA-90-PL
Mohammed Aboubakr	LBA	M-MA	123	125	1978	185.0	212.5	225.0	225.0	115.0	132.5	135.0	135.0	240.0	260.0	262.5	262.5	622.5	355.9455	1-M-MA-125-PL
Ahmed Hemid	EGY	M-OA	58.95	60	2003	130.0	137.5	145.0	145.0	77.5	80.0	-87.5	80.0	172.5	185.0	-187.5	185.0	410.0	355.429	1-M-OA-60-PL
Mahmoud Hasabou	EGY	M-OA	65.15	67.5	2001	125.0	130.0	137.5	137.5	82.5	87.5	92.5	92.5	-152.5	152.5	160.0	160.0	390.0	309.543	1-M-OA-67.5-PL
Ali Elkashawy	EGY	M-OA	74.20	75	1989	170.0	180.0	-195.0	180.0	100.0	105.0	110.0	110.0	180.0	190.0	-200.0	190.0	480.0	344.592	1-M-OA-75-PL
Ali Khalleefah	LBA	M-OA	74.10	75	1994	110.0	125.0	-140.0	125.0	65.0	80.0	-90.0	80.0	150.0	177.5	190.0	190.0	395.0	283.847	2-M-OA-75-PL
Ahmed Eliwa	EGY	M-OA	80.95	82.5	1993	162.5	175.0	180.0	180.0	137.5	142.5	-147.5	142.5	227.5	237.5	245.0	245.0	567.5	384.5947	1-M-OA-82.5-PL
Mohamed Abdelhamid	EGY	M-OA	88	90	1999	157.5	-170.0	170.0	170.0	110.0	117.5	-120.0	117.5	-205.0	210.0	225.0	225.0	512.5	330.6137	1-M-OA-90-PL

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Elhassan Edris	EGY	M-OA	91	100	1992	210.0	220.0	-227.5	220.0	-150.0	150.0	152.5	152.5	215.0	225.0	230.0	230.0	602.5	383.1298	1-M-OA-100-PL
Moustafa Romaih	EGY	M-OA	93	100	1996	157.5	-170.0	170.0	170.0	127.5	137.5	142.5	142.5	195.0	210.0	-215.0	210.0	522.5	327.6597	2-M-OA-100-PL
Moustafa Moustafa	EGY	M-OA	108	110	1995	200.0	215.0	222.5	222.5	140.0	147.5	-152.5	147.5	220.0	230.0	235.0	235.0	605.0	358.2205	1-M-OA-110-PL
Mohammed Aboubakr	LBA	M-OA	123	125	1978	185.0	212.5	225.0	225.0	115.0	132.5	135.0	135.0	240.0	260.0	262.5	262.5	622.5	355.9455	1-M-OA-125-PL
Ali Elbosaty	EGY	M-OA	122	125	1980	-172.5	172.5	-185.0	172.5	75.0	-80.0	-80.0	75.0	200.0	215.0	225.0	225.0	472.5	270.648	2-M-OA-125-PL

Best Overall Lifter	Ahmed Eliwa		EGY	384.59
1st place Powerlifting Team	EGY	72		
2nd place Powerlifting Team	LBA	21		

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Israa Gadalla	EGY	F-JA	54.8	56	2003	60.0	67.5	-70.0	67.5	32.5	35.0	-37.5	35.0	100.0	105.0	-110.0	105.0	207.5	248.3152	1-F-JA-56-PL
Fatma Mabrouk	EGY	F-JA	58.3	60	2002	-55.0	-60.0	-60.0	0.0	27.5	30.0	32.5	32.5	90.0	95.0	-100.0	95.0	0.0	0	
Fatma Abdalgawad	EGY	F-JA	73.7	75	2001	-60.0	-67.5	67.5	67.5	35.0	37.5	-40.0	37.5	-92.5	92.5	95.0	95.0	200.0	192.26	1-F-JA-75-PL
Rawan Zaed	EGY	F-JA	73.0	75	2002	-77.5	-80.0	-80.0	0.0	45.0	-47.5	-47.5	45.0	100.0	105.0	-110.0	105.0	0.0	0	
Aya Mohamed	EGY	F-JA	78.8	82.5	1999	-100.0	100.0	105.0	105.0	45.0	-47.5	-47.5	45.0	-132.5	-132.5	132.5	132.5	282.5	260.7193	1-F-JA-82.5-PL
Shimaa Ibrahim	EGY	F-JA	78.0	82.5	2004	62.5	-67.5	67.5	67.5	30.0	32.5	-35.0	32.5	82.5	87.5	90.0	90.0	190.0	176.377	2-F-JA-82.5-PL
Fatma Elnagar	EGY	F-JA	84.3	90	2003	-82.5	-85.0	-85.0	0.0	42.5	-50.0	-50.0	42.5	-87.5	90.0	-95.0	90.0	0.0	0	
Israa Gadalla	EGY	F-OA	54.8	56	2003	60.0	67.5	-70.0	67.5	32.5	35.0	-37.5	35.0	100.0	105.0	-110.0	105.0	207.5	248.3152	1-F-OA-56-PL
Fatma Mabrouk	EGY	F-OA	58.3	60	2002	-55.0	-60.0	-60.0	0.0	27.5	30.0	32.5	32.5	90.0	95.0	-100.0	95.0	0.0	0	
Fatma Elbarbir	EGY	F-OA	64.3	67.5	1985	85.0	-87.5	-90.0	85.0	40.0	42.5	-45.0	42.5	110.0	-115.0	115.0	115.0	242.5	256.468	1-F-OA-67.5-PL
Mona Beait	EGY	F-OA	73.1	75	1984	-85.0	-90.0	90.0	90.0	50.0	52.5	-55.0	52.5	110.0	117.5	-122.5	117.5	260.0	251.238	1-F-OA-75-PL
Rawan Zaed	EGY	F-OA	73.0	75	2002	-77.5	-80.0	-80.0	0.0	45.0	-47.5	-47.5	45.0	100.0	105.0	-110.0	105.0	0.0	0	
Aya Mohamed	EGY	F-OA	78.8	82.5	1999	-100.0	100.0	105.0	105.0	45.0	-47.5	-47.5	45.0	-132.5	-132.5	132.5	132.5	282.5	260.7193	1-F-OA-82.5-PL
Shimaa Ibrahim	EGY	F-OA	78.0	82.5	2004	62.5	-67.5	67.5	67.5	30.0	32.5	-35.0	32.5	82.5	87.5	90.0	90.0	190.0	176.377	2-F-OA-82.5-PL
Fatma Elnagar	EGY	F-OA	84.3	90	2003	-82.5	-85.0	-85.0	0.0	42.5	-50.0	-50.0	42.5	-87.5	90.0	-95.0	90.0	0.0	0	
Rasha Eizamek	EGY	F-OA	99.9	90+	1982	-127.5	127.5	132.5	132.5	50.0	55.0	-57.5	55.0	145.0	150.0	155.0	155.0	342.5	285.234	1-F-OA-90+-PL

Best Overall Female Lifter	Rasha Eizamek	EGY	285.234
1st place Powerlifting Team	EGY	69	

# 1st IBSA African Bench Press Championship for Blind and Visually Impaired Athletes

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Bench Press Results Name	Team	Div	Bwt (kg)	WtCls (kg)	YOB	BP-1	BP-2	BP-3	(1) Best BP	(2) Wilks Pts	Pl-Div-WtCls-Evt
Ahmed Hemid	EGY	M-JA	59	60	2003	77.5	80.0	-87.5	80.0	69.352	1-M-JA-60-BP
Mahmoud Hasabou	EGY	M-JA	65	67.5	2001	82.5	87.5	92.5	92.5	73.41725	1-M-JA-67.5-BP
Mohamed ElGammal	EGY	M-JA	65	67.5	2002	77.5	82.5	-87.5	82.5	65.39775	2-M-JA-67.5-BP
Khaled Eisayed	EGY	M-JA	74	75	1999	75.0	77.5	80.0	80.0	57.488	1-M-JA-75-BP
Mohamed Mohamed	EGY	M-JA	77	82.5	2000	95.0	100.0	-105.0	100.0	69.81	1-M-JA-82.5-BP
Mohamed Abdelhamid	EGY	M-JA	88	90	1999	110.0	117.5	-120.0	117.5	75.79925	1-M-JA-90-BP
Azeldin El Haien	LBA	M-JA	96	100	1996	110.0	130.0	-145.0	130.0	80.444	1-M-JA-100-BP
Yousef Abushahata	LBA	M-MA	85	90	1969	70.0	80.0	87.5	87.5	57.4525	1-M-MA-90-BP
Mohammed Aboubakr	LBA	M-MA	123	125	1978	115.0	132.5	135.0	135.0	77.193	1-M-MA-125-BP
Ahmed Hemid	EGY	M-OA	59	60	2003	77.5	80.0	-87.5	80.0	69.352	1-M-OA-60-BP
Mahmoud Hasabou	EGY	M-OA	65	67.5	2001	82.5	87.5	92.5	92.5	73.41725	1-M-OA-67.5-BP
Ali Elkashawy	EGY	M-OA	74	75	1989	100.0	105.0	110.0	110.0	78.969	1-M-OA-75-BP
Ali Khalleefah	LBA	M-OA	74	75	1994	65.0	80.0	-90.0	80.0	57.488	2-M-OA-75-BP
Ahmed Eliwa	EGY	M-OA	81	82.5	1993	137.5	142.5	-147.5	142.5	96.57225	1-M-OA-82.5-BP
Mohamed Abdelhamid	EGY	M-OA	88	90	1999	110.0	117.5	-120.0	117.5	75.79925	1-M-OA-90-BP
Elhassan Edris	EGY	M-OA	91	100	1992	-150.0	150.0	152.5	152.5	96.97475	1-M-OA-100-BP
Moustafa Romaih	EGY	M-OA	93	100	1996	127.5	137.5	142.5	142.5	89.36175	2-M-OA-100-BP
Moustafa Moustafa	EGY	M-OA	108	110	1995	140.0	147.5	-152.5	147.5	87.33475	1-M-OA-110-BP
Mohammed Aboubakr	LBA	M-OA	123	125	1978	115.0	132.5	135.0	135.0	77.193	1-M-OA-125-BP
Ali Elbosaty	EGY	M-OA	122	125	1980	75.0	-80.0	-80.0	75.0	42.96	2-M-OA-125-BP

Best Overall Lifter	Elhassan Edris	EGY	96.975
1st place Bench Press Team	EGY	72	
2nd place Bench Press Team	LBA	21	

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Israa Gadalla	EGY	F-JA	54.8	56	2003	32.5	35.0	-37.5	35.0	41.8845	1-F-JA-56-BP
Fatma Mabrouk	EGY	F-JA	58.3	60	2002	27.5	30.0	32.5	32.5	37.05325	1-F-JA-60-BP
Rawan Zaed	EGY	F-JA	73.0	75	2002	45.0	-47.5	-47.5	45.0	43.524	1-F-JA-75-BP
Fatma Abdalgawad	EGY	F-JA	73.7	75	2001	35.0	37.5	-40.0	37.5	36.04875	2-F-JA-75-BP
Aya Mohamed	EGY	F-JA	78.8	82.5	1999	45.0	-47.5	-47.5	45.0	41.5305	1-F-JA-82.5-BP
Shimaa Ibrahim	EGY	F-JA	78.0	82.5	2004	30.0	32.5	-35.0	32.5	30.16975	2-F-JA-82.5-BP
Fatma Elnagar	EGY	F-JA	84.3	90	2003	42.5	-50.0	-50.0	42.5	37.8335	1-F-JA-90-BP
Israa Gadalla	EGY	F-OA	54.8	56	2003	32.5	35.0	-37.5	35.0	41.8845	1-F-OA-56-BP
Fatma Mabrouk	EGY	F-OA	58.3	60	2002	27.5	30.0	32.5	32.5	37.05325	1-F-OA-60-BP
Fatma Elbarbir	EGY	F-OA	64.3	67.5	1985	40.0	42.5	-45.0	42.5	44.948	1-F-OA-67.5-BP
Mona Beait	EGY	F-OA	73.1	75	1984	50.0	52.5	-55.0	52.5	50.73075	1-F-OA-75-BP
Rawan Zaed	EGY	F-OA	73.0	75	2002	45.0	-47.5	-47.5	45.0	43.524	2-F-OA-75-BP
Aya Mohamed	EGY	F-OA	78.8	82.5	1999	45.0	-47.5	-47.5	45.0	41.5305	1-F-OA-82.5-BP
Shimaa Ibrahim	EGY	F-OA	78.0	82.5	2004	30.0	32.5	-35.0	32.5	30.16975	2-F-OA-82.5-BP
Fatma Elnagar	EGY	F-OA	84.3	90	2003	42.5	-50.0	-50.0	42.5	37.8335	1-F-OA-90-BP
Rasha Eizamek	EGY	F-OA	99.9	90+	1982	50.0	55.0	-57.5	55.0	45.804	1-F-OA-90+-BP

Best Overall Female Lifter	Mona Beait	EGY	50.73
1st place Bench Press Team	EGY	72	